Luxury Lodges of Australia Media Backgrounders: DNA Series (6 of 11)

# Our DNA:Adventure Travel

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| Adventure of all kinds, extreme and soft, is readily available for guests at the Luxury Lodges and is an essential part of the experience of the destination. Across the collection there are often new experiences created to reflect the seasons or welcome a specialist guide, as well as perennial favourites and some once (or twice!) in-a-lifetime adventures to relish. Please see highlights below in brief:  |
| New Discoveries |  |
| Mt Mulligan LodgeNorthern Outback, QLD | Fancy a float down the river? At Mt Mulligan Lodge guests can hop in a tube for a guided and very peaceful float through Mulligans Waterhole, looking up to the treetops and for fish down below. Fun for everyone. [More](https://luxurylodgesofaustralia.com.au/activity/mulligans-waterhole-tubing/) |
| Lake HouseDaylesford, VIC | For an even more Zen experience of the Daylesford mineral spa region, Lake House is offering private wellness sessions including Tai Chi, Qigong and guided meditation. [More](https://luxurylodgesofaustralia.com.au/activity/private-tai-chi-qigong-meditation/) |
| Spicers Peak LodgeHigh Country, QLD  | Adventure spans the spectrum at Spicers Peak Lodge, with ATVs to zoom through the landscape. [More](https://luxurylodgesofaustralia.com.au/activity/atv-adventures) |
| qualiaGreat Barrier Reef, QLD | With the recent pause in travel many guests can look forward to a new discovery in the Great Barrier Reef: qualia’s Journey to the Heart adventure includes heli transfers and private launch access to Queensland’s most loved island. [More](https://luxurylodgesofaustralia.com.au/activity/journey-to-heart-island/)  |
| Perennial Favourites |  |
| qualiaGreat Barrier Reef, QLD | Tough for competitors, fun for spectators onshore, Hamilton Island Race Week is held in August each year and with dining events and private beach parties, qualia is the host venue of choice. [More](https://luxurylodgesofaustralia.com.au/activity/hamilton-island-race-week) |
| Saffire FreycinetFreycinet, TAS | Arguably the most inspiring image for travellers is Saffire guests in boots and waders waist-deep among the oyster leases, shucking oysters and sipping local sparkling wine. This adventure doesn’t lose its sparkle [More](https://luxurylodgesofaustralia.com.au/activity/freycinet-marine-oyster-farm/)  |
| Lake HouseDaylesford, VIC | Dining at the multi award-winning Lake House restaurant is a treat to be taken as often as possible, with its menus driven by local, singing fresh produce a seasonal highlight [More](https://luxurylodgesofaustralia.com.au/lodges/lakehouse/lakehouse-food-wine/) |
| Longitude 131˚Uluru, NT | Set among the desert’s red sand dunes Table 131° is a four-course dinner where guests discover the wonder of the outback’s inky night sky, with guided astronomy sharing Greek mythology and First Nations creation stories [More](https://luxurylodgesofaustralia.com.au/activity/table-131/) |
| Lifetime Highs |  |
| qualiaGreat Barrier Reef, QLD | Depending on the time of year, a stay at Sal Salis at Ningaloo Reef offers a chance to swim with the mighty, graceful humpback whales [more](https://luxurylodgesofaustralia.com.au/activity/swimming-with-humpback-whales/) or magnificent, gentle whale sharks [More](https://luxurylodgesofaustralia.com.au/activity/swimming-with-whale-sharks/) |
| Saffire FreycinetFreycinet, TAS | With views direct to Lord Howe’s Mounts Gower and Lidgbird, guests have ample time to consider the awe-inspiring twin peaks. The full day guided-only Mount Gower hike ranks among the world’s top ten day walks [More](https://luxurylodgesofaustralia.com.au/activity/mount-gower-hike/) |
| True North Adventure CruisesThe Kimberley, WA | A Kimberley adventure aboard their expedition ships is one of life’s great journeys, and the magnificent and little visited Rowley Shoals is arguably in a class of its own with its opportunities for snorkelling and ancient rock art viewing. [More](https://luxurylodgesofaustralia.com.au/activity/the-magnificent-rowley-shoals/)  |
| Longitude 131˚Uluru, NT | An exclusive and mutually beneficial partnership with the Ernabella Aboriginal Arts Community in the APY Lands affords guests a once in a lifetime chance to visit the artists’ Homeland, to meet the artists, learn about their life and work and try their hand at an artwork as memento. [More](https://luxurylodgesofaustralia.com.au/activity/ernabella-arts-experience/) |